

<b>Colyton Grammar School</b> <b>STATEMENT ON SEX &amp; RELATIONSHIPS EDUCATION</b>
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(Approved by the Board of Trustees June 2017)

Sex & Relationships Education is provided for all pupils through Science, PSHE and Religious Education.

The aim of Sex Education is to foster pupils' understanding of their emotional and physiological development and awareness of the attitudes and values of others.

In Year 7 Science lessons pupils consider how life begins. Classes study reproduction in plants and animals, which leads on to work on human reproduction. There is a general introduction to the sex organs; fertilisation, pregnancy and birth are considered; development studied. Puberty changes are discussed and lessons stress that all variations of such changes are normal.

The work covered in science supports PSHE sessions that provide opportunity for discussion about emotional changes experienced and support that can be accessed by students. Year 7 also explore quality of behaviour in relationships as part of the PSHE programme.

In Year 8 PSHE lessons students consider the importance of communication in relationships, which links to relevant aspects of online safety. Sexual relationships, contraception and Sexually Transmitted Infections (STIs) are discussed in relation to learning about conception with a view to dispelling myths surrounding this topic.

In Year 9 students will be taught about methods of contraception and STIs during PSHE lessons. Clear definitions of sex, gender identity and sexual orientation will be discussed and appropriate behaviour within relationships will be considered.

For Key Stage 4 students aspects of the Sex and Relationships education including hormonal control of fertility and infertility treatment funding are also covered to a limited extent in GCSE courses.

In addition to content covered during science lessons year 10 students will cover body perception in the media, pornography, assertive behaviour and accessing sexual health services during PSHE lessons.

The content of Year 11 SRE lessons consolidates understanding and emphasises the importance of topics covered earlier on. Sexual consent, safe choices and decisions and parenting are considered. There is a focus on disclosing information to sexual partners and particular discussion about HIV/ AIDS and considering its effect on families and in the workplace. It is also appropriate to discuss certain forms of cancer and responsibility for health as part of this programme.

All topics and themes covered during Key Stages 3 and 4 will remain relevant and will potentially become more significant for students in year 12 and 13. The characteristics of healthy and unhealthy relationships, sexual consent, the portrayal of sex in media and pornography will be revisited with Key Stage 5 students.

Parents who wish to know more about the programme may consult the teacher concerned. It is open to parents to withdraw their children from such lessons if they so wish, by putting a request in writing to the Headteacher.

### *Equality Impact Assessment*

Students consider all types of relationship both sexual and non-sexual, as well as sexual orientation. Issues are considered sensitively and objectively with a strong emphasis on avoiding any direct or indirect discrimination. Student discussions provide the opportunity to address any discriminatory attitudes in an open and clear way.

#### Stakeholder Consultation

Reviewed by Head of Student Personal Learning, Head of Science and Head of Sixth Form, with further input from tutors, the School Nurse

#### Policy Review

This policy will be reviewed on an annual basis.